




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, please contact your Human Resources Department. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <http://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf> or call 1-800-257-2753 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	<b>In-Network:</b> \$2,500 Individual / \$5,000 Family <b>Out-of-Network:</b> \$5,000 Individual / \$10,000 Family	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before the plan begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes	Preventive care. This plan covers items and services even if you haven't met the deductible amount. But a copayment or coinsurance may apply.
Are there other <a href="#">deductibles</a> for specific services?	No	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>In-Network:</b> \$5,000 Individual/ \$10,000 Family <b>Out-of-Network:</b> \$9,500 Individual/ \$19,000 Family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Cost Containment Penalties, Premiums, Balance-billed Charges (unless balance billing is prohibited), health care services this plan doesn't cover	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a>
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.independenthealth.com">www.independenthealth.com</a> for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's office</a> or clinic	Primary care visit to treat an injury or illness	Deductible then \$0 copayment	Deductible then 30% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Member Precertification may be required. Failure to obtain precertification could result in up to 50% reduction in eligible expenses for each instance.
	<a href="#">Specialist</a> visit	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in up to 50% reduction in eligible expenses for each instance.
	<a href="#">Preventive care/screening/immunization</a>	\$0 copayment	Not covered.	Certain preventive services are not covered when they are provided out-of-network. You may have to pay for services. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Immunizations provided to those over 19 years of age are not covered out-of-network. Member Precertification may be required. Failure to obtain precertification could result in up to 50% reduction in eligible expenses for each instance.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	X-Ray: Deductible then \$0 copayment  Laboratory: Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
	Imaging (CT/PET scans, MRIs)	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the

\* For more information about limitations and exceptions, please contact your Human Resources Department.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				first \$1,200 for each instance.
<b>If you need drugs to treat your illness or condition</b> More information about <a href="http://www.pbdrx.com">prescription drug coverage</a> is available at <a href="http://www.pbdrx.com">www.pbdrx.com</a>	Generic drugs	Retail: Deductible then \$0 Copay Mail order: Deductible then \$0 Copay	Not covered.	Must be filled at a participating pharmacy. Retail: 30 day supply Mail Order: 90 day supply
	Preferred brand drugs	Retail: Deductible then \$30 Copay Mail order: Deductible then \$75 Copay	Not covered.	Must be filled at a participating pharmacy. Retail: 30 day supply Mail Order: 90 day supply
	Non-preferred brand drugs	Retail: Deductible then \$60 Copay Mail order: Deductible then \$150 Copay	Not covered.	Must be filled at a participating pharmacy. Retail: 30 day supply Mail Order: 90 day supply
	<a href="#">Specialty drugs</a>	Retail: Deductible then \$60 Copay	Not covered.	Must be filled at a participating pharmacy. Retail: 30 day supply Mail Order: 90 day supply
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
	Physician/surgeon fees	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	Deductible then \$50 copayment	Covered as in-network benefit	Copayment waived if admitted
	<a href="#">Emergency medical transportation</a>	Deductible then \$25 copayment	Covered as in-network benefit	Must be deemed medically necessary. Wheelchair van transportation is not covered.
	<a href="#">Urgent care</a>	\$0 copayment	Covered as in-network benefit	-None-
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
	Inpatient services	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
<b>If you are pregnant</b>	Office visits	Deductible then No charge after initial diagnosis	Deductible then 30% coinsurance	Cost sharing does not apply for preventative services. If a visit is unrelated to Pregnancy, member liability may apply based on services rendered.
	Childbirth/delivery professional services	Deductible then \$0 copayment	Deductible then 30% coinsurance	Member Precertification may be required for Home Births. Failure to obtain precertification could result in up to 50% reduction in eligible expenses for each instance.
	Childbirth/delivery facility services	Deductible then \$0 copayment	Deductible then 30% coinsurance	-None-
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	Deductible then \$0 copayment	Deductible then 30% coinsurance	Up to 40 visits per plan year. Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
	<a href="#">Rehabilitation services</a>	Deductible then \$0 copayment	Deductible then 30% coinsurance	Up to 30 visits per therapy per calendar year. Custodial services and long-term therapy are not covered.
	<a href="#">Habilitation services</a>	Deductible then \$0 copayment	Deductible then 30% coinsurance	Up to 30 visits per therapy per calendar year. Custodial services and long-term therapy are not covered.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<a href="#">Skilled nursing care</a>	Deductible then \$0 copayment	Deductible then 30% coinsurance	Up to 45 days per plan year. Member Precertification may be required. Failure to obtain precertification could result in covered person being responsible for the first \$1,200 for each instance.
	<a href="#">Durable medical equipment</a>	Deductible then 50% coinsurance	Deductible then 50% coinsurance	Member Precertification may be required. Failure to obtain precertification could result in up to 50% reduction in eligible expenses for each instance.
	<a href="#">Hospice services</a>	Deductible then \$0 copayment	Deductible then 30% coinsurance	Hospice services shall include supplies & drugs.
<b>If your child needs dental or eye care</b>	Children's eye exam	Deductible then \$0 copayment	Not covered.	Once every 12 months.
	Children's glasses	Deductible then Covered at 40% of retail price	Not covered.	Contact EyeMed for additional options at 1-877-842-3348 Different copayments apply to other lenses and lens options.
	Children's dental check-up	Not covered.	Not covered.	-None-

#### Excluded Services & Other Covered Services:

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>Acupuncture</li> <li>Cosmetic Surgery</li> <li>Custodial Care</li> <li>Dental care (Adult)</li> </ul>	<ul style="list-style-type: none"> <li>Hearing aids</li> <li>Long-term care</li> <li>Non-Emergency care when traveling outside the US</li> </ul>	<ul style="list-style-type: none"> <li>Private-duty nursing</li> <li>Routine foot care</li> <li>Weight loss programs</li> </ul>

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
<ul style="list-style-type: none"> <li>Bariatric Surgery with preauthorization</li> <li>Chiropractic care (if visits are not maintenance)</li> </ul>	<ul style="list-style-type: none"> <li>Infertility treatment with preauthorization</li> </ul>	<ul style="list-style-type: none"> <li>Routine eye care (Adult)</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

\* For more information about limitations and exceptions, please contact your Human Resources Department.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). You may also contact: Independent Health at 1-800-257-2753.

**Does this plan provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-257-2753.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-257-2753.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-257-2753.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-257-2753.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,500
■ <a href="#">Specialist [cost sharing]</a>	\$0
■ Hospital (facility) <a href="#">[cost sharing]</a>	0%
■ Other <a href="#">[cost sharing]</a>	50%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,500
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,560</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,500
■ <a href="#">Specialist [cost sharing]</a>	\$0
■ Hospital (facility) <a href="#">[cost sharing]</a>	0%
■ Other <a href="#">[cost sharing]</a>	50%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,500
<a href="#">Copayments</a>	\$390
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$55
<b>The total Joe would pay is</b>	<b>\$2,945</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,500
■ <a href="#">Specialist [cost sharing]</a>	\$0
■ Hospital (facility) <a href="#">[cost sharing]</a>	0%
■ Other <a href="#">[cost sharing]</a>	50%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$1,8130
<a href="#">Copayments</a>	\$75
<a href="#">Coinsurance</a>	\$18
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,907</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.